



# Pediatric Hypersomnia Survey Study

**Help Us Diagnose Pediatric Hypersomnia Disorders Faster Receive **\$10!****

*Researchers at Boston Children's Hospital have developed a questionnaire that aims to improve screening for narcolepsy and idiopathic hypersomnia. We hope this survey will help school and health care professionals identify narcolepsy and idiopathic hypersomnia earlier.*

## **WHO IS ELIGIBLE?**

We are looking for **children between 8-18 years** of age:

- ❖ Who have been diagnosed with **narcolepsy or idiopathic hypersomnia** either within the **last 1 year** or who are **awaiting diagnosis** with sleep study testing

**OR**

- ❖ Who are **healthy, medication free**, and **without** sleep problems

Participants must be able to understand the purpose of the study.

## **PARTICIPATION DETAILS**

- ❖ If you sign up you will receive an email containing a link to complete a few surveys. Participation should take **no more than 15 minutes**.
- ❖ **One week later**, you will receive another email with a link to complete a **2-minute follow up survey**.
- ❖ As a thank you for completing all surveys, we will send you a **\$10 gift card**.

## **INTERESTED?**

If you would like to know more about the study or are interested in participating please call the **Neurology Sleep Research Team** at **617-919-6212**

Or email us at [NeuroSleepResearch-dl@childrens.harvard.edu](mailto:NeuroSleepResearch-dl@childrens.harvard.edu)