## Are you interested in participating in a health research study for Idiopathic Hypersomnia (IH)?

We are looking for adults who have IH to participate in a one-on-one 90-minute telephone interview to learn more about your experience with IH and how it affects your life, and to get your feedback on an IH patient questionnaire. You will receive \$150 for completing the 90-minute interview.

You may qualify to participate in this study if you

- Are between 18 and 75 years of age
- Have a clinician confirmed diagnosis of IH and are able to provide documentation confirming diagnosis
- Have an average nightly total sleep time of 7 hours or more
- Do not have other sleep related disorders such as sleep apnea or parasomnia
- Are fluent in English

<u>Please note:</u> Additional exclusions may apply for participation in this study. Please contact Adelphi Values to learn more.

## No medication will be given or tested as part of this study.

If interested in participating, please:

- Call (617) 720-0001 and ask for Samantha Power to obtain additional information about the study and to have any questions you may have about the study answered
- OR contact us by e-mail: <a href="mailto:samantha.power@adelphivalues.com">samantha.power@adelphivalues.com</a>
- Please reference study number JZ8725A

The information you share may help improve IH treatment in the future.

Your participation in the interview does not replace and will not affect any treatment or assistance that you currently receive or may receive in the future.

Your name and contact information will remain confidential and will not be shared with anybody.